

## CLAIMS

What is claimed is:

1. A device comprising:
  - 5 a. a frame,
  - b. a leg communicatively connected to the frame, the leg being for coupling contact with an external base object;
  - c. an arm connected to the frame, the arm defining a passage in which an article is disposed.
- 10 2. The device of claim 1, wherein the frame, leg and arm are constructed of a unitary material.
3. The device of claim 2, wherein the unitary material is plastic.
- 15 4. The device of claim 1, wherein the frame has a rectilinear configuration with first and second ends, and a predetermined length.
5. The device of claim 4, wherein the leg has a predetermined configuration with a predetermined area, and depends from the first end of the frame at a right angle thereto.
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6. The device of claim 5, further comprising means to connect the leg  
to an external base object.

7. The device of claim 6, wherein the means to connect is selected  
5 from the group of connectors consisting of a nail, a screw, and adhesive.

8. The device of claim 5, further comprising an aperture disposed at a  
predetermined location in the leg for mating connection with a screw or nail.

10 9. The device of claim 1, wherein the external base object is a wall  
stud.

10. The device of claim 4, wherein the arm depends from the second  
end thereof.

15 11. The device of claim 10, wherein the arm has a curvilinear  
configuration.

12. The device of claim 11, wherein the arm is flexible.

20 13. The device of claim 11, wherein the passage has a cylindrical  
configuration with open ends through which the article is disposed.

14. The device of claim 10, further comprising a lock member connected to the frame, and wherein the arm has a locking end which releasibly mates with the lock member.

5 15. The device of claim 14, wherein the lock member and locking end have complementary mating notches.

16. The device of claim 1, wherein the passage is separated a predetermined distance from the external base object.

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17. The device of claim 1, wherein the article is a cable.

18. The device of claim 17, wherein the cable is an electrical cable and the external base object is a wall stud.

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19. A cable fastening device comprising:

- a. a frame with first and second ends,
- b. a leg communicatively connected to the frame at the first end, the

leg being for coupling contact with an external base object;

20 c. a lock member connected to the frame at a predetermined location;  
and

d. a flexible arm connected to the frame at the second end, the arm having a rectilinear configuration defining a substantially cylindrical passage with

open ends adapted for receiving the cable, the arm having a free end which is releasibly couplable to the lock member.

20. A system for fastening an electrical cable to a wall stud or the like  
5 comprising:

- a. a rectilinear frame with first and second ends and a predetermined length,
- b. a leg communicatively connected to the frame at the first end, the leg being for coupling contact with the wall stud, the leg having an aperture  
10 disposed at a predetermined location thereon;
- c. a fastener selected from the group of fasteners consisting of a nail and a screw, the fastener being adapted for driving into the wall stud through the leg aperture;
- e. a lock member connected to the frame at a predetermined location,  
15 the lock member having a mating notch; and
- f. a flexible arm connected to the frame at the second end, the arm having a curvilinear configuration defining a substantially cylindrical passage with open ends adapted to receive the electrical cable in use, the arm having a free end with a mating notch which is releasibly couplable to the mating notch of  
20 the lock member.